

## Sailing Thailand - Phuket to Phuket - ATSA

7 days: Phuket to Phuket

### What's Included

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- Sailing the Andaman Islands of Thailand
- Sea-gypsy village visit
- James Bond Island visit
- Railay Beach visit
- Snorkelling in Monkey Bay
- Phang Nga Bay stop
- Island visits included Krabi Islands, Koh Phi Phi Don, Southern Phuket Islands, Koh Yao Yai and Koh Khai Nai
- Snorkelling equipment

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing October 1st, 2013 - April 22nd, 2017

### Itinerary

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## Itinerary

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### Day 1 Phuket/Phang Nga Bay

Meet in Phuket in the early afternoon. Enjoy sailing and stopping for a swim before an overnight stay in a remote location.

Meet at 'The Living Room' restaurant to begin the adventure.

In the afternoon, sail towards the Northern Phuket Islands. Choose to go on a dinghy exploration, relax on the deck, or enjoy for an evening swim under the stars.

#### Arrival Day

Enjoy the day until meeting up with the rest of the group in the afternoon.

#### Sailing Welcome Meeting

15:00 Afternoon

Welcome aboard! Before setting sail meet the skipper and the rest of the group at a welcome meeting. Your skipper should be easy to spot in a G Adventures shirt or with a G Adventures flag at the skipper table.

#### 25m (82 ft) sailing catamaran

Phuket – Phang Nga Bay

Stretch out and stay balanced aboard a roomy double-hulled watercraft.

#### Free Time

Phang Nga Bay

Relax and enjoy your time onboard the catamaran. Read a book, go for a dip, and enjoy the wind through the sails.

#### Optional Activities

##### Dinghy Excursion

Climb into the dinghy to explore new areas.

#### Meals included: Dinner

### Day 2 Phang Nga Bay

Visit a sea-gypsy village and Khao Phing Kan – popularly known as "James Bond Island." Opt for a mangrove and prehistoric painting tour.

Set sail through the emerald waters to James Bond Island, made famous as the setting for "The Man with the Golden Gun".

After, visit one of the last sea-gypsy villages, spending the early afternoon exploring ashore.

Opt to take a longtail boat tour to Tham Lot Cave and see local prehistoric cave paintings.

In the evening, anchor amongst the limestone island scenery and enjoy a local dinner.

#### 25m (82 ft) sailing catamaran

Phang Nga Bay

Stretch out and stay balanced aboard a roomy double-hulled watercraft.

#### Phang Nga Bay Exploration

Phang Nga Bay Full Day

Enjoy cruising through the limestone karsts that jut vertically out of the green water and make Phang Nga Bay a photographer's paradise. Stop along the way for a swim and visit the famous James Bond Island and Koh Panyee -- the sheer beauty of this place will make you feel like you are on another planet.

#### James Bond Island Visit

Khao Phing Kan

Spend time enjoying the beautiful spot popularly known as James Bond Island. It was made famous as the setting for "The Man with the Golden Gun".

### **Free Time**

Phang Nga Bay

Relax and enjoy your time onboard the catamaran. Read a book, go for a dip, and enjoy the stunning view.

### **Optional Activities**

#### **Mangroves and Tham Lot Cave Visit**

Than Bok Khorani National Park

Take a long tailed boat tour to Tam Lot cave and check out some local prehistoric cave paintings. This spectacular cave is home to many bats and swifts; you may even be lucky enough to see some of the 300,000 swifts return to nest - an incredible sight!

**Meals included: Breakfast | Lunch | Dinner**

### **Day 3 Phang Nga Bay/Railay Beach**

Spend the morning sailing, swimming, and visiting an island. Enjoy Railay Beach, known for its famous rock-climbing options and great nightlife.

Anchor up the morning and sail towards Railay Beach.

Arrive in Railay in the early afternoon and enjoy free time to explore this laid-back beach resort. Climb to the stunning local view point, kick back and enjoy a massage, visit the Shrine of the Sea Princess, or explore the town.

In the evening, opt to head to a local restaurant and get a taste of the local nightlife.

#### **25m (82 ft) sailing catamaran**

Phang Nga Bay – Railay Beach Morning

Stretch out and stay balanced aboard a roomy double-hulled watercraft.

### **Free Time**

Railay Beach Afternoon

Get active or get lazy— the choice is yours.

### **Optional Activities**

#### **Visit the Shrine of the Sea Princess**

Railay Beach

Enjoy a visit to this magnificent cave that fishermen say is the home to a mythical sea princess. The fishermen believe this princess will protect them if they bring her fertility offerings.

**Meals included: Breakfast | Lunch**

### **Day 4 Railay Beach/Ko Phi Phi**

Snorkel at the beautiful Monkey Bay before checking out the beach paradise made famous by the movie "The Beach."

Even with all the hype, Ko Phi Phi doesn't disappoint. The islands seem to rise from the sea. Sheer cliffs tower overhead, then give way to beach-fronted jungle. This is truly a piece of paradise.

Depending on weather conditions, spend the evening anchored off of this beautiful beach or head to Koh Phi Phi Don.

#### **25m (82 ft) sailing catamaran**

Krabi – Ko Phi Phi

Stretch out and stay balanced aboard a roomy double-hulled watercraft.

### **Free Time**

Ko Phi Phi Evening

Enjoy this gorgeous beach paradise.

### **Optional Activities**

#### **Snorkelling**

Ko Phi Phi

Clear blue water with coral reefs and marine life await, so grab your snorkel and get to know the local marine life.

**Meals included: Breakfast | Dinner**

### **Day 5 Ko Phi Phi/Ko Yao Yai**

Enjoy snorkelling with the stunning marine life and a lunch break amongst remote islands and sandy beaches.

Spend the day sailing through the Southern Phuket Islands. Go slow to enjoy snorkelling and savour a lunch break amongst the breathtaking scenery.

In the afternoon, drop anchor and head to shore to enjoy an optional dinner at a local restaurant.

#### **25m (82 ft) sailing catamaran**

Ko Phi Phi – Ko Yao Yai

Stretch out and stay balanced aboard a roomy double-hulled watercraft.

#### **Optional Activities**

##### **Snorkelling**

Put your mask on and get to know the local marine life with by snorkelling in this gorgeous spot.

**Meals included: Breakfast | Lunch**

### **Day 6 Ko Yao Yai/Phang Nga Bay**

The tiny island of Koh Khai Nai promises excellent swimming and snorkelling off a clear sandy beach. Sail into Phang Nga Bay and enjoy dinner in a secluded anchorage.

#### **25m (82 ft) sailing catamaran**

Ko Yao Yai – Phang Nga Bay

Stretch out and stay balanced aboard a roomy double-hulled watercraft.

#### **Koh Khai Nai Island Visit**

Ko Khai Nai

The tiny island of Koh Khai Nai is an excellent spot for swimming and snorkelling off a clear sandy beach. Crystal-blue waters await, so dive right in.

**Meals included: Breakfast | Lunch | Dinner**

### **Day 7 Ko Phi Phi/Phuket**

Sail into the harbour just before lunch. The tour ends on arrival.

Depart for the harbour early. Take a break for a swim and arrive into Phuket just before lunch.

The tour ends on arrival into Yacht Haven Marina.

#### **25m (82 ft) sailing catamaran**

Ko Phi Phi – Phuket

Stretch out and stay balanced aboard a roomy double-hulled watercraft.

**Meals included: Breakfast**

## **What's Included**

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Sailing the Andaman Islands of Thailand. Sea-gypsy village visit. James Bond Island visit. Railay Beach visit. Snorkelling in Monkey Bay. Phang Nga Bay stop. Island visits included Krabi Islands, Koh Phi Phi Don, Southern Phuket Islands, Koh Yao Yai and Koh Khai Nai. Snorkelling equipment.

## **Highlights**

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Relax on the deck of the catamaran in the stunning southern Thai islands, eat delicious Thai cuisine, lounge out on beautiful beaches, swim and snorkel in quiet bays

## Dossier Disclaimer

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## Itinerary Disclaimer

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While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## Important Notes

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1. Please note that space is very, very limited on the boat and especially in your cabin. It is important that you only take on board soft sided luggage such as a mid sized backpack or soft duffel bag, keeping your bag's weight to less than 15kgs. Suitcases are not appropriate for our Thai sailing adventure as they are not pliable enough to fit into the niches available for luggage.

If you are on a longer trip, it may be possible to store excess luggage for one week at the yacht harbour.

2. Fresh water is very limited on board, and as such we ask for your understanding that showers are limited to one quick shower per person a day. One towel per week is provided for showering purposes - please bring a beach towel. Drinking water is provided free of charge on board the yacht.

3. It's important to note that the beds in the cabins are not the usual length of a standard bed. The length is approximately 1.8 meters ( 6 feet)

## Group Leader Description

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This sailing adventure is staffed by a qualified skipper, a local cook/first mate and a G Adventures CEO. Your onboard team know the Thai Islands extremely well and are passionate about sharing their hidden secrets with their "crew". They know the best secluded beaches, snorkeling spot, coolest beach bars and where you can check your internet. Our Cook is very welcoming and more than happy to give informal Thai cooking classes while your delicious meals are being prepared in the ship's galley.

## Group Size Notes

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Max 14

## Meals

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Eating is a big part of traveling. Traveling with G Adventures you experience the vast array of wonderful food that is available out in the world.

Food is a major part of this sailing adventure. You will enjoy many home cooked meals lovingly prepared by our on board cook.

Portions are generous and will include sea food, typical Thai dishes and even the occasional breakfast fry up.

Drinking water is provided and beer, wine and soft drink is available to purchase at cost price aboard.

Non included meals are taken ashore at local restaurants.

There's nothing left to do but kick back and relax!

## Transport

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25m (82 ft) sailing catamaran

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## About our Transportation

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Please note that this is a sailing catamaran, and the skipper will be using wind power when the winds are agreeable. Although this is not a learn to sail program, you may have a chance to learn a few tricks of the trade and assist the skipper with navigation while sailing. There are times when motoring the catamaran will be required, due to unfavorable wind conditions.

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## Local Flights

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All local flights are included in the cost of your tour unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

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## Solo Travellers

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We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

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## Accommodation

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7 twin/double bed cabins, all with en suite bathrooms (6 nts).

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## About Accommodation

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Note this catamaran is equipped with 7 passenger cabins some with 2 beds (upper and lower) and some with double beds. All cabins have attached bathrooms with showers and the vessel has an onboard kitchenette, interior and exterior common areas and plenty of outside deck space. If you are traveling alone, you will be paired up in a cabin with another traveler of the same gender. Please expect them to be very small. The bunk length is 1.8 meters (6ft) with limited head height and limited storage for luggage.

Please note that the rooming for these boats is assigned by the skipper upon arrival and neither particular cabins nor berths can be guaranteed. Cabins are allotted based on the gender and traveller make-up of the group.

Most of our sailors tend to spend very, very little time in their cabins, just using them to sleep and store clothes.

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## Joining Hotel

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Phuket- 'The Living Room Coffee Shop', located at the Yacht Haven Marina, next to the marina office

Address: 141/2 moo 2, Maikhao, Thalang 83110 Phuket

Phone: +66 (0) 76331654.

Meeting time: 1500; 3pm

A table will be set aside with a G Adventures sign

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## Joining Instructions

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Please meet your skipper at 3:00pm at The Living Room Coffee Shop in The Yacht Haven Marina. It is located next to the yacht marina office. A table will be set aside with a G Adventures sign.

Address: 141/2 moo 2, Maikhao, Thalang 83110 Phuket

Phone: +66 (0) 76331654

If arriving into Phuket by air, you can take a taxi from the airport for approximately 450 Thai Bhat.

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## Arrival Complications

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We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact our skipper or office in Bangkok at the numbers listed below.

## Emergency Contact

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Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Operator (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### EMERGENCY CONTACT NUMBERS

G Adventures Office Bangkok, Thailand  
During Office hours (Weekdays, 9am-5pm Local Time)  
From outside Thailand: +66 2 381 5574  
From within Thailand: 02 381 5574

After hours emergency number  
From outside Thailand: +66 87 049 6074  
From within Thailand: 087 049 6074

If you are unable for any reason to contact our local office, please call the numbers listed below, which will connect you directly with our 24 hour Sales team, who will happily assist you.

Toll-free, North America only: 1 888 800 4100  
Calls from UK: 0844 272 0000  
Calls from Germany: 01805 70 90 30 00  
Calls from Australia: 1 300 796 618  
Calls from New Zealand: 0800 333 307  
Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## What to Take

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There is limited space on the yachts. We recommend the use of a duffel bag or backpack. A good size daypack is also essential  
PLEASE NOTE: No hard suitcases are permitted.

## Checklist

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- Passport (with photocopies)
- Travel insurance (with photocopies)
- Airline tickets (with photocopies)
- USD Cash
- Credit or debit card (see personal spending money)
- Money belt
- G Adventures vouchers and dossier
- Any entry visas or vaccination certificates required
  
- Camera with extra memory cards and batteries
- Personal Entertainment
- Binoculars
- Snorkel gear
- Waterproof backpack cover
- Fleece top
- Windproof/waterproof jacket
- swim wear
- Small travel towel
- 4 shirts/t-shirts
- Sun hat
- 1 pair of shorts
- 2 pairs of long trousers
- Hiking boots/Sturdy walking shoes
- flip flops
- Sunblock
- Sunglasses

- Toiletries (biodegradable)
- torch/flashlight
- First-aid kit (should contain motion sickness medication, lip salve, Aspirin, Band Aids, anti-histamine, Imodium or similar tablets for mild cases of diarrhea, re-hydration powder, extra prescription drugs you may be taking)
  
- Watch or alarm clock
- Pocket knife
- waterproof bag to protect camera etc during dingy rides
- rash shirt for swimming

## Laundry

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Laundry facilities are not available on the boat. You may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

## Visas

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Please note that visas for Thailand are the responsibility of the individual traveler. The visa requirements for your trip vary depending on where you are from and where you are going. For the most up to date information please check your Governments Foreign Ministry website or with your travel agent as rules do change. It is important that you check for yourself. For most travelers there will probably have an Embassy and Consulate in the country that you live in.

THAILAND - Most nationalities do not need a visa for Thailand for stays of 30 days or less but please check prior to departure.

Please note that as of December 2008, 30 day Thai visas are no longer available at land borders. Only 15 day tourist visas are issued when you enter Thailand overland. If you are staying more than 15 days you should consider getting your visa prior to your trip.

\*Please note that certain nationalities (including: Bhutan, China, Cyprus, Czech, Estonia, Hungary, India, Kazakhstan, Latvia, Lithuania, Maldives, Oman, Poland, Russia, Saudi Arabia, Slovakia, Slovenia, Taiwan and Ukraine) may not be able to obtain visa at a land border.

## Spending Money

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Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## Money Exchange

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During this tour the local currency you will use is the Thai Baht. As currency exchange rates in South East Asia do fluctuate, we ask that you refer to the following website for the most up to date daily exchange rates: [www.xe.com](http://www.xe.com) for each of the above mentioned currencies. The best way to carry your money is in debit cards, withdrawing cash in local currencies from ATM machines. ATMs are found throughout South East Asia and will generally accept cards on the Visa and Mastercard networks. It is a great idea to travel with both a Visa and Mastercard if at all possible in case of loss or problems with one card, you will have a back up. Please note, your bank will charge a fee for overseas withdrawals. USD Cash is recommended for times when ATMs are not accessible. You should bring some cash with you for emergency situations (please refer to our trip dossier) but carrying only cash is a high safety risk. ATM card/s and some cash is the ideal mix. Travellers cheques can be tricky, timely and expensive to exchange. While we do not recommend that you bring them as your primary source of funds, it is great to have one or two cheques in case of emergency. Thomas Cook or American Express travellers' cheques in US currency are the easiest to exchange. Cash advances can also be made with some banks but are time consuming and tend to have high fees attached. Credit cards can be used at some upmarket restaurants, and at some larger stores if shopping for big items. If you are bringing US Dollars, please make sure that the notes are new and in good condition. Notes older than 2003, or with any tears or blemishes may not be accepted. Be fussy with your bank when buying cash!

## Emergency Fund

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Please also make sure you have access to at least an additional USD \$250 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Departure Tax

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All departure taxes should be included in your international flight ticket

## Tipping

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It is customary in Asia to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is expected - though not compulsory - and shows an expression of satisfaction with the people who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. You may do this individually, or your CEO will offer to collect the money and tip as a group. Recommendations for tipping drivers and local guides would range from \$1.5-\$3.5 USD per person per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture. Also at the end of each trip if you felt your G Adventures CEO, Skipper and Cook did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$10-15 USD per person, per day can be used.

## Optional Activities

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We suggest you bring along USD50 for additional sightseeing.

## Health

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Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical information pertaining to the country you are travelling to well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as a full supply of any personal medical requirements. In Asia, you will not find the same drugs as you get at home. Please be aware that sometimes we are in remote areas and away from medical facilities. Also note that for legal reasons our Leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if, in the reasonable opinion of the CEO, they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

## Safety and Security

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Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

[www.gadventures.com/travel-resources/safety/](http://www.gadventures.com/travel-resources/safety/)

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## Trip Specific Safety

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## Medical Form

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Our small group adventures bring together people of all ages. It is very important you are aware that, as a minimum, an average level of fitness and mobility' is required to undertake our easiest programs. Travellers must be able to walk without the aid of another person, climb 3-4 flights of stairs, step on and off small boats, and carry their own luggage at a minimum. Travellers with a pre-existing medical condition are required to complete a short medical questionnaire, which must be signed by their physician. This is to ensure that travellers have the necessary fitness and mobility to comfortably complete their chosen trip. While our CEOs work hard to ensure that all our travellers are catered for equally, it is not their responsibility to help individuals who cannot complete the day's activities unaided. Please refer to the physical ratings in this Trip Details document for more information.

The medical questionnaire can be found online at:

[www.gadventures.com/medical-form](http://www.gadventures.com/medical-form).

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## A Couple of Rules

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Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

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## Travel Insurance

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Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

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## Planeterra-The G Adventures Foundation

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Through our commitment to responsible tourism we have developed the Planeterra Foundation, a non-profit organization dedicated to making a positive difference in the lives of people and communities around the world through support of international charities, local organizations and community projects in the places that we visit on our tours. G Adventures matches all individual donations and pays all administration costs, which means that 100% of each donation is doubled and goes directly to support our projects. For more information about Planeterra and the projects we support, or to make a donation, please visit [www.planeterra.org](http://www.planeterra.org)

### Planeterra Dollar-A-Day Program

Our Dollar-A-Day Program provides travellers with the opportunity to help us give back to the people and places visited on our tours by donating one dollar per day for the duration of their tour. 100% of these proceeds will go directly to support our G Adventures for Good projects.

To participate in this program please indicate at the time of booking that you would like to participate in G Adventures' Dollar-A-Day program, either by clicking the check box online, or by advising your G Adventures specialist or travel agent. (Note: Donation will be charged in the currency of your booking)

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## Local Dress

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When packing be aware that dress standards are conservative throughout Asia. To respect this and for your own comfort, we strongly recommend modest clothing. This means covering shoulders and no short shorts. Loose, lightweight, long clothing is both respectful and cool in the predominantly hot Asian climate. Shorts should be knee-length.

## Feedback

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After your travels, we want to hear from you! Your feedback information is so important to us that you'll receive a special discount code for free online prints and we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Please visit <http://www.gadventures.com/evaluations>

## Newsletter

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Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## Travel Forum - The Watering Hole

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Be sure to stop by [The Watering Hole](#), our adventure travel forum. If you're interested in meeting others booked on your upcoming trip, check out the [Departure Lounge](#) section of our forum and introduce yourself. Otherwise, just drop in at anytime to share some travel tips, ask questions, meet other travellers and quench your thirst for travel. Our forum is located at [wateringhole.gadventures.com](http://wateringhole.gadventures.com).

## Minimum Age

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Minimum age of 16 years for this trip. 16 and 17 year olds must be accompanied by an adult over the age of 18.